

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 07:45 until 08:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 1: 100M BREASTSTROKE WOMEN 11+ Heat:2, starttime: 08:33**

**Heat: 2/17 Lane : 3 Athlete: VANHAEN ALISSIA Q-time: 01:52:24**

**PB (50m pool): 01:52.24 SportinGenk Park 11/11/2025 PB (25m pool): no time SB: 01:52.24 SportinGenk Park 11/11/2025**

	50 M	100 M	
PB	no time	01:52.24	
	<i>no time</i>		
	.....	.....	

Coach feedback:

**Event number: 1: 100M BREASTSTROKE WOMEN 11+ Heat:4, starttime: 08:38**

**Heat: 4/17 Lane : 5 Athlete: PANNEMANS TESSA Q-time: 01:43:19**

**PB (50m pool): 01:46.97 SportinGenk Park 01/04/2024 PB (25m pool): 01:41.49 SB: no time**

	50 M	100 M	
PB	no time	01:46.97	
	<i>no time</i>		
	.....	.....	

Coach feedback:

**Event number: 1: 100M BREASTSTROKE WOMEN 11+ Heat:4, starttime: 08:38**

**Heat: 4/17 Lane : 7 Athlete: MOORS MAUD Q-time: 01:46:81**

**PB (50m pool): 01:46.81 Antwerpen 13/07/2025 PB (25m pool): 01:45.61 SB: no time**

	50 M	100 M	
PB	00:51.00	01:46.81	
	<i>00:51.00</i>	<i>00:55.81</i>	
	.....	.....	

Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 1: 100M BREASTSTROKE WOMEN 11+</b>		<b>Heat:6, starttime: 08:42</b>	
<b>Heat: 6/17 Lane : 3 Athlete: GABRIËLS AMELIA</b>		<b>Q-time: 01:39:51</b>	
PB (50m pool): 01:39.51 Antwerp 02/02/2025		PB (25m pool): 01:39.80 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:47.32	01:39.51	
	<i>00:47.32</i>	<i>00:52.19</i>	
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Coach feedback:

<b>Event number: 1: 100M BREASTSTROKE WOMEN 11+</b>		<b>Heat:9, starttime: 08:49</b>	
<b>Heat: 9/17 Lane : 3 Athlete: DREESSEN LYANA</b>		<b>Q-time: 01:34:66</b>	
PB (50m pool): 01:34.66 SportinGenk Park 11/11/2025		PB (25m pool): 01:27.66 SB: 01:34.66 SportinGenk Park 11/11/2025	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	01:34.66	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 1: 100M BREASTSTROKE WOMEN 11+</b>		<b>Heat:9, starttime: 08:49</b>	
<b>Heat: 9/17 Lane : 5 Athlete: CUYPERS MANON</b>		<b>Q-time: 01:34:60</b>	
PB (50m pool): 01:34.60 SportinGenk Park 01/03/2025		PB (25m pool): 01:31.53 SB: 01:37.13 SportinGenk Park 11/11/2025	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	01:34.60	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 1: 100M BREASTSTROKE WOMEN 11+</b>		<b>Heat:10, starttime: 08:51</b>	
<b>Heat: 10/17 Lane : 3 Athlete: VANHEES HANNAH</b>		<b>Q-time: 01:32:79</b>	
PB (50m pool): 01:49.85 SportinGenk Park 19/05/2024		PB (25m pool): 01:32.79 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	01:49.85	
	<i>no time</i>		
	.....	.....	

Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 1: 100M BREASTSTROKE WOMEN 11+</b>		<b>Heat:10, starttime: 08:51</b>	
<b>Heat: 10/17 Lane : 5 Athlete: HABRAKEN AMBER</b>		<b>Q-time: 01:32:44</b>	
PB (50m pool): 01:32.42 Antwerpen 14/07/2024		PB (25m pool): 01:28.30 SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	no time	01:32.42	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 1: 100M BREASTSTROKE WOMEN 11+</b>		<b>Heat:14, starttime: 09:00</b>	
<b>Heat: 14/17 Lane : 7 Athlete: JANSSEN LAUREN</b>		<b>Q-time: 01:27:03</b>	
PB (50m pool): 01:27.03 SportinGenk Park 21/04/2025		PB (25m pool): 01:23.07 SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	no time	01:27.03	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 1: 100M BREASTSTROKE WOMEN 11+</b>		<b>Heat:16, starttime: 09:04</b>	
<b>Heat: 16/17 Lane : 6 Athlete: JACOBS FILIPPA</b>		<b>Q-time: 01:22:90</b>	
PB (50m pool): 01:20.27 Antwerpen 28/07/2024		PB (25m pool): 01:20.37 SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	no time	01:20.27	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 2: 100M BREASTSTROKE MEN 13+</b>		<b>Heat:1, starttime: 09:08</b>	
<b>Heat: 1/8 Lane : 4 Athlete: PANNEMANS WOUTER</b>		<b>Q-time: 01:46:51</b>	
PB (50m pool): 01:46.51 SportinGenk Park 11/11/2025		PB (25m pool): 01:54.94 SB: 01:46.51 SportinGenk Park 11/11/2025	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	no time	01:46.51	
	<i>no time</i>		
	.....	.....	

Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 2: 100M BREASTSTROKE MEN 13+</b>		<b>Heat:2, starttime: 09:10</b>	
<b>Heat: 2/8 Lane : 4 Athlete: THOELLEN SIMON</b>		<b>Q-time: 01:38:73</b>	
PB (50m pool): 01:38.73 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:35.82 SB: no time			
	<b>50 M</b>	<b>100 M</b>	
PB	00:46.53	01:38.73	
	<i>00:46.53</i>	<i>00:52.20</i>	
	.....	.....	

Coach feedback:

<b>Event number: 2: 100M BREASTSTROKE MEN 13+</b>		<b>Heat:2, starttime: 09:10</b>	
<b>Heat: 2/8 Lane : 5 Athlete: CUYPERS MAXIME</b>		<b>Q-time: 01:39:17</b>	
PB (50m pool): 01:39.17 Antwerpen 13/07/2025 PB (25m pool): 01:31.78 SB: no time			
	<b>50 M</b>	<b>100 M</b>	
PB	00:47.25	01:39.17	
	<i>00:47.25</i>	<i>00:51.92</i>	
	.....	.....	

Coach feedback:

<b>Event number: 2: 100M BREASTSTROKE MEN 13+</b>		<b>Heat:3, starttime: 09:13</b>	
<b>Heat: 3/8 Lane : 3 Athlete: VANDEBROEK JONAS</b>		<b>Q-time: 01:31:78</b>	
PB (50m pool): 01:31.78 Antwerpen 13/07/2025 PB (25m pool): 01:27.48 SB: no time			
	<b>50 M</b>	<b>100 M</b>	
PB	00:43.50	01:31.78	
	<i>00:43.50</i>	<i>00:48.28</i>	
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Coach feedback:

<b>Event number: 2: 100M BREASTSTROKE MEN 13+</b>		<b>Heat:3, starttime: 09:13</b>	
<b>Heat: 3/8 Lane : 5 Athlete: KHOULALY WALID</b>		<b>Q-time: 01:30:71</b>	
PB (50m pool): 01:28.99 Antwerpen 14/07/2024 PB (25m pool): 01:25.34 SB: no time			
	<b>50 M</b>	<b>100 M</b>	
PB	no time	01:28.99	
	<i>no time</i>		
	.....	.....	

Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 2: 100M BREASTSTROKE MEN 13+</b>		<b>Heat:4, starttime: 09:15</b>	
<b>Heat: 4/8 Lane : 6 Athlete: TORDEUR KILIAN</b>		<b>Q-time: 01:27:10</b>	
PB (50m pool): 01:27.10 Antwerpen 20/07/2025		PB (25m pool): 01:22.12 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:41.51	01:27.10	
	<i>00:41.51</i>	<i>00:45.59</i>	
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Coach feedback:

<b>Event number: 2: 100M BREASTSTROKE MEN 13+</b>		<b>Heat:7, starttime: 09:21</b>	
<b>Heat: 7/8 Lane : 4 Athlete: ONA CESAR</b>		<b>Q-time: 01:14:38</b>	
PB (50m pool): 01:14.38 Antwerpen 20/07/2025		PB (25m pool): 01:10.57 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:35.65	01:14.38	
	<i>00:35.65</i>	<i>00:38.73</i>	
	.....	.....	

Coach feedback:

<b>Event number: 3: 50M BACKSTROKE WOMEN 13+</b>		<b>Heat:2, starttime: 09:30</b>	
<b>Heat: 2/6 Lane : 4 Athlete: BERGHMANS LAUREN</b>		<b>Q-time: 00:38:98</b>	
PB (50m pool): no time		PB (25m pool): 00:38.98 SB: no time	
	<b>50 M</b>		
PB	no time		
	<i>no time</i>		
	.....		

Coach feedback:

<b>Event number: 3: 50M BACKSTROKE WOMEN 13+</b>		<b>Heat:2, starttime: 09:30</b>	
<b>Heat: 2/6 Lane : 7 Athlete: BERGHS JINSE</b>		<b>Q-time: 00:40:72</b>	
PB (50m pool): no time		PB (25m pool): 00:40.72 SB: no time	
	<b>50 M</b>		
PB	no time		
	<i>no time</i>		
	.....		

Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 3: 50M BACKSTROKE WOMEN 13+</b>		<b>Heat:4, starttime: 09:33</b>
<b>Heat: 4/6 Lane : 6 Athlete: CUYPERS LINNE</b>		<b>Q-time: 00:36:27</b>
PB (50m pool): 00:36.27 Antwerpen 13/07/2025 PB (25m pool): 00:35.17 SB: no time		
	<b>5 0 M</b>	
PB	00:36.27	
	00:36.27	
	.....	

Coach feedback:

<b>Event number: 4: 50M BACKSTROKE MEN 13+</b>		<b>Heat:1, starttime: 09:38</b>
<b>Heat: 1/6 Lane : 5 Athlete: ILGAZ EMRE</b>		<b>Q-time: 00:43:03</b>
PB (50m pool): no time PB (25m pool): 00:43.03 SB: no time		
	<b>5 0 M</b>	
PB	no time	
	no time	
	.....	

Coach feedback:

<b>Event number: 4: 50M BACKSTROKE MEN 13+</b>		<b>Heat:4, starttime: 09:44</b>
<b>Heat: 4/6 Lane : 7 Athlete: MIJSLINSKI JAYDEN</b>		<b>Q-time: 00:34:99</b>
PB (50m pool): 00:34.99 Düsseldorf 14/12/2025 PB (25m pool): 00:34.03 SB: 00:34.99 Düsseldorf 14/12/2025		
	<b>5 0 M</b>	
PB	00:34.99	
	00:34.99	
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Coach feedback:

<b>Event number: 4: 50M BACKSTROKE MEN 13+</b>		<b>Heat:5, starttime: 09:45</b>
<b>Heat: 5/6 Lane : 5 Athlete: KENENS SIMON</b>		<b>Q-time: 00:32:64</b>
PB (50m pool): 00:32.64 Antwerpen 13/07/2025 PB (25m pool): 00:32.16 SB: no time		
	<b>5 0 M</b>	
PB	00:32.64	
	00:32.64	
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Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 5: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:5, starttime: 09:54</b>
<b>Heat: 5/17 Lane : 4 Athlete: VANHAEN ALISSIA</b>		<b>Q-time: 00:43:42</b>
PB (50m pool): no time		PB (25m pool): 00:43.42 SB: no time
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
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Coach feedback:

<b>Event number: 5: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:7, starttime: 09:57</b>
<b>Heat: 7/17 Lane : 6 Athlete: DREESSEN LYANA</b>		<b>Q-time: 00:40:68</b>
PB (50m pool): 00:40.68 Düsseldorf 14/12/2025		PB (25m pool): 00:38.99 SB: 00:40.68 Düsseldorf 14/12/2025
	<b>5 0 M</b>	
PB	00:40.68	
	<i>00:40.68</i>	
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Coach feedback:

<b>Event number: 5: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:10, starttime: 10:01</b>
<b>Heat: 10/17 Lane : 3 Athlete: VANHEES HANNAH</b>		<b>Q-time: 00:37:19</b>
PB (50m pool): 00:37.19 Düsseldorf 14/12/2025		PB (25m pool): 00:38.28 SB: 00:37.19 Düsseldorf 14/12/2025
	<b>5 0 M</b>	
PB	00:37.19	
	<i>00:37.19</i>	
	.....	

Coach feedback:

<b>Event number: 5: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:11, starttime: 10:02</b>
<b>Heat: 11/17 Lane : 7 Athlete: CUYPERS MANON</b>		<b>Q-time: 00:35:74</b>
PB (50m pool): 00:37.13 Eindhoven 07/07/2024		PB (25m pool): 00:35.74 SB: no time
	<b>5 0 M</b>	
PB	00:37.13	
	<i>00:37.13</i>	
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Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 5: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:14, starttime: 10:05</b>
<b>Heat: 14/17 Lane : 3 Athlete: HABRAKEN AMBER</b>		<b>Q-time: 00:32:96</b>
PB (50m pool): 00:32.96 Antwerpen 13/07/2025 PB (25m pool): 00:32.48 SB: no time		
	<b>5 0 M</b>	
PB	00:32.96	
	00:32.96	
	.....	

Coach feedback:

<b>Event number: 5: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:15, starttime: 10:07</b>
<b>Heat: 15/17 Lane : 6 Athlete: CUYPERS LINNE</b>		<b>Q-time: 00:32:43</b>
PB (50m pool): 00:32.43 Antwerp 02/02/2025 PB (25m pool): 00:31.80 SB: no time		
	<b>5 0 M</b>	
PB	00:32.43	
	00:32.43	
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Coach feedback:

<b>Event number: 5: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:16, starttime: 10:08</b>
<b>Heat: 16/17 Lane : 6 Athlete: ZANGARI AURORA</b>		<b>Q-time: 00:31:76</b>
PB (50m pool): 00:31.43 Antwerpen 28/07/2024 PB (25m pool): 00:31.12 SB: no time		
	<b>5 0 M</b>	
PB	00:31.43	
	00:31.43	
	.....	

Coach feedback:

<b>Event number: 6: 50M BUTTERFLY MEN 13+</b>		<b>Heat:1, starttime: 10:10</b>
<b>Heat: 1/9 Lane : 4 Athlete: THOELLEN SIMON</b>		<b>Q-time: 00:39:95</b>
PB (50m pool): 00:39.95 Antwerp 02/02/2025 PB (25m pool): 00:37.35 SB: no time		
	<b>5 0 M</b>	
PB	00:39.95	
	00:39.95	
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Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 6: 50M BUTTERFLY MEN 13+</b>		<b>Heat:2, starttime: 10:12</b>
<b>Heat: 2/9 Lane : 3 Athlete: TORDEUR KILIAN</b>		<b>Q-time: 00:35:45</b>
PB (50m pool): 00:35.45 SportinGenk Park 21/04/2025 PB (25m pool): 00:32.66 SB: no time		
	<b>5 0 M</b>	
PB	00:35.45	
	00:35.45	
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Coach feedback:

<b>Event number: 6: 50M BUTTERFLY MEN 13+</b>		<b>Heat:2, starttime: 10:12</b>
<b>Heat: 2/9 Lane : 7 Athlete: CUYPERS MAXIME</b>		<b>Q-time: 00:38:51</b>
PB (50m pool): 00:38.51 Antwerp 02/02/2025 PB (25m pool): 00:38.48 SB: no time		
	<b>5 0 M</b>	
PB	00:38.51	
	00:38.51	
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Coach feedback:

<b>Event number: 6: 50M BUTTERFLY MEN 13+</b>		<b>Heat:4, starttime: 10:14</b>
<b>Heat: 4/9 Lane : 2 Athlete: TORDEUR ILIAS</b>		<b>Q-time: 00:32:38</b>
PB (50m pool): 00:44.93 Genk 11/11/2021 PB (25m pool): 00:32.38 SB: no time		
	<b>5 0 M</b>	
PB	00:44.93	
	00:44.93	
	.....	

Coach feedback:

<b>Event number: 6: 50M BUTTERFLY MEN 13+</b>		<b>Heat:4, starttime: 10:14</b>
<b>Heat: 4/9 Lane : 6 Athlete: MIJSLINSKI JAYDEN</b>		<b>Q-time: 00:32:37</b>
PB (50m pool): 00:32.37 SportinGenk Park 21/04/2025 PB (25m pool): 00:29.73 SB: no time		
	<b>5 0 M</b>	
PB	00:32.37	
	00:32.37	
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Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 6: 50M BUTTERFLY MEN 13+</b>		<b>Heat:7, starttime: 10:17</b>
<b>Heat: 7/9 Lane : 4 Athlete: KENENS SIMON</b>		<b>Q-time: 00:29:35</b>
PB (50m pool): 00:29.35 Antwerpen 13/07/2025		PB (25m pool): 00:28.79 SB: no time
	<b>5 0 M</b>	
PB	00:29.35	
	<i>00:29.35</i>	
	.....	

Coach feedback:

<b>Event number: 6: 50M BUTTERFLY MEN 13+</b>		<b>Heat:8, starttime: 10:19</b>
<b>Heat: 8/9 Lane : 6 Athlete: ONA CESAR</b>		<b>Q-time: 00:28:81</b>
PB (50m pool): no time		PB (25m pool): 00:28.81 SB: no time
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	.....	

Coach feedback:

<b>Event number: 7: 400M FREESTYLE WOMEN 13+</b>							<b>Heat:1, starttime: 10:36</b>	
<b>Heat: 1/5 Lane : 5 Athlete: BERGHMANS LAUREN</b>							<b>Q-time: 06:09:78</b>	
PB (50m pool): no time				PB (25m pool): 06:09.78 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 7: 400M FREESTYLE WOMEN 13+</b>							<b>Heat:1, starttime: 10:36</b>	
<b>Heat: 1/5 Lane : 6 Athlete: MOORS MAUD</b>							<b>Q-time: 06:12:81</b>	
PB (50m pool): no time				PB (25m pool): 06:12.81 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 7: 400M FREESTYLE WOMEN 13+</b>							<b>Heat:2, starttime: 10:43</b>	
<b>Heat: 2/5 Lane : 2 Athlete: GABRIëLS AMELIA</b>							<b>Q-time: 05:53:28</b>	
PB (50m pool): 06:42.09 SportinGenk Park 19/05/2024				PB (25m pool): 05:53.28 SB: no time				
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	06:42.09
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 7: 400M FREESTYLE WOMEN 13+</b>							<b>Heat:2, starttime: 10:43</b>	
<b>Heat: 2/5 Lane : 4 Athlete: PANNEMANS TESSA</b>							<b>Q-time: 05:23:01</b>	
PB (50m pool): 06:06.78 Genk 28/05/2023				PB (25m pool): 05:23.01 SB: no time				
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	06:06.78
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 7: 400M FREESTYLE WOMEN 13+</b>							<b>Heat:2, starttime: 10:43</b>	
<b>Heat: 2/5 Lane : 7 Athlete: BERGHS JINSE</b>							<b>Q-time: 05:55:70</b>	
PB (50m pool): 05:54.12 SportinGenk Park 19/05/2024				PB (25m pool): 05:30.47 SB: no time				
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	05:54.12
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 7: 400M FREESTYLE WOMEN 13+</b>							<b>Heat:4, starttime: 10:55</b>	
<b>Heat: 4/5 Lane : 2 Athlete: JANSSEN LAUREN</b>							<b>Q-time: 04:58:52</b>	
PB (50m pool): 04:58.52 Antwerpen 20/07/2025				PB (25m pool): 04:53.09 SB: no time				
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>
PB	00:33.13	01:10.15	01:48.25	02:26.59	03:04.62	03:42.91	04:21.28	04:58.52
	00:33.13	00:37.02	00:38.10	00:38.34	00:38.03	00:38.29	00:38.37	00:37.24
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 7: 400M FREESTYLE WOMEN 13+</b>							<b>Heat:5, starttime: 11:01</b>	
<b>Heat: 5/5 Lane : 5 Athlete: ZANGARI AURORA</b>							<b>Q-time: 04:43:36</b>	
PB (50m pool): 04:39.97 ANTWERPEN 23/04/2023				PB (25m pool): 04:41.82 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	04:39.97
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 7: 400M FREESTYLE WOMEN 13+</b>							<b>Heat:5, starttime: 11:01</b>	
<b>Heat: 5/5 Lane : 6 Athlete: JACOBS FILIPPA</b>							<b>Q-time: 04:48:79</b>	
PB (50m pool): 04:47.76 Antwerpen 28/07/2024				PB (25m pool): 04:41.39 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	04:47.76
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 8: 400M FREESTYLE MEN 13+</b>							<b>Heat:1, starttime: 11:07</b>	
<b>Heat: 1/4 Lane : 3 Athlete: KNOPS JELLE</b>							<b>Q-time: 05:36:94</b>	
PB (50m pool): no time				PB (25m pool): 05:36.94 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 8: 400M FREESTYLE MEN 13+</b>							<b>Heat:1, starttime: 11:07</b>	
<b>Heat: 1/4 Lane : 4 Athlete: TORDEUR ILIAS</b>							<b>Q-time: 05:14:66</b>	
PB (50m pool): 05:14.66 SportinGenk Park 08/03/2025				PB (25m pool): 04:58.50 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	01:13.06	no time	02:33.74	no time	no time	no time	05:14.66
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: GZVN

<b>Event number: 8: 400M FREESTYLE MEN 13+</b>							<b>Heat:1, starttime: 11:07</b>		
<b>Heat: 1/4 Lane : 6 Athlete: PANNEMANS WOUTER</b>							<b>Q-time: 05:47:73</b>		
PB (50m pool): no time			PB (25m pool): 05:47.73 SB: no time						
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>	
PB	no time	no time	no time	no time	no time	no time	no time	no time	
	<i>no time</i>								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 8: 400M FREESTYLE MEN 13+</b>							<b>Heat:2, starttime: 11:13</b>		
<b>Heat: 2/4 Lane : 3 Athlete: VANDEBROEK JONAS</b>							<b>Q-time: 05:00:03</b>		
PB (50m pool): no time			PB (25m pool): 05:00.03 SB: no time						
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>	
PB	no time	no time	no time	no time	no time	no time	no time	no time	
	<i>no time</i>								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback: